

# Parent-Teen Safe Driving Contract

provided by **GJEL ACCIDENT ATTORNEYS**

This is a contract between \_\_\_\_\_ (parents) and \_\_\_\_\_ (teen driver).

Together we will review, discuss and agree on the definition of safe driving for all family members. We agree that if the rules are broken, there will be consequences, and if the rules are respected, there will be rewards. Each person signing this contract to agrees to fulfill his or her respective responsibilities.

## **We agree to:**

- Review each topic below and discuss together what it means to be safe on the road.
- Make a pledge together and follow it.
- Be safe while driving a vehicle, driving with passengers, or as a passenger in a vehicle driven by a teenager.

The majority of auto accidents occur when there is more than one passenger in the car.

## **PASSENGERS / OTHER MOTORISTS / CYCLISTS**

It is my responsibility to protect passengers in my vehicle at all times and to ensure their safety.

### **I vow:**

- To always wear a seat belt and to ensure other passengers are wearing seat belts.
- Never to put myself or other passengers at risk with impaired, speedy or erratic driving.
- Never to have more than three under-age passengers in the vehicle while I'm driving.

Last year, distracted driving contributed to the deaths of 600,000 people nationwide, making it the number one cause of death among teenagers.

## **TEXTING / USE OF MOBILE PHONES**

My ability to concentrate on the road while driving is critical to everyone's safety.

### **I vow:**

- Not to text or dial my cell phone while driving.
- To use hands-free or a head set while driving.
- Not answer the phone while driving in heavy traffic.

## **SPEEDING / RULES OF THE ROAD**

As a driver, I am responsible to follow speed limits and other rules of the road.

### **I vow:**

- To always follow speed limits through school districts and neighborhoods with children
- To limit speed to maximum of 5 mph over the speed limit at any given time.
- To follow stop lights, stop signs, turns, passing rules and regulations all the time.

Nearly 12,000 people are killed each year in drunk driving accidents. An estimated 30 percent of teenagers killed in auto accidents had been drinking.

## DRINKING AND DRUGS

### I vow:

- Never to drink alcohol prior to age 21, and never to take drugs.
- Never to drink alcohol or take drugs at any age and get behind the wheel.
- Never to be a passenger in a vehicle with someone who is impaired.

## MUSIC

Music in the vehicle is a distraction, and drivers must be aware what's happening on the road.

### I vow:

- Not to play music loudly so I cannot hear sirens, horns or other sounds.
- Not to switch music CDs or change iPod tunes while driving.
- Not to drive loudly through neighborhoods after 10 p.m. or before 8 a.m.

The crash rate among 16-year-olds is almost twice as great as for 18-19-year-old drivers and nearly 7x greater than 30 to 59-year-old drivers.

## AUTO ACCIDENTS / CRASHES

### I vow:

- To pay attention behind the wheel and avoid distractions.
- To obey speed limits and drive more cautiously in poor weather.
- To contact 911 and report an accident and to call home if I'm in an accident.
- To be truthful and respectful to police officers & other motorists if I'm in an accident.
- To follow the GJEL Accident Checklist in the glove box if I'm in an accident.

## TEEN DRIVER

*I promise to abide by the contract above. I'm aware of the consequences of breaking the rules; I'm aware of the rewards for following the rules. I pledge to be a safe driver for the rest of my life.*

\_\_\_\_\_  
Signature of Teen Driver

\_\_\_\_\_  
Date

## PARENT/GUARDIAN

*I promise to follow the rules as an adult driver and to help keep my family and passengers safe while behind the wheel. I pledge to help my teenage driver be safe while on the road. I will enforce these rules, and will discuss the consequences together with our family. We will revisit this contract each year on my teen's birthday.*

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**GJEL**

GJEL Accident Attorneys is a San Francisco Bay Area law firm representing plaintiffs in catastrophic injury and wrongful death cases. We are firmly committed to reducing the number of accidents caused by unsafe driving. For any questions about this contract, please feel free to call us at 800-840-2111 or email [lawfirm@gjel.com](mailto:lawfirm@gjel.com) to speak with someone from our firm. All content © 2010 GJEL Accident Attorneys.